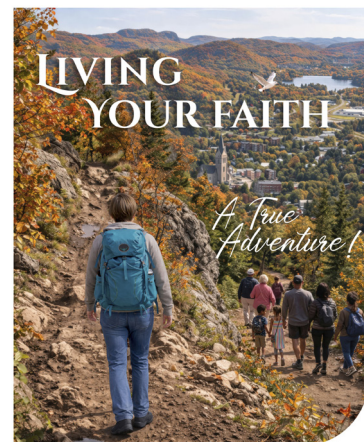


Message from the President

of the Assembly of Quebec Catholic Bishops

Living Your Faith ... A True Adventure!

Christian faith is something to be lived, experienced, and encountered. The theme of Catechetical Sunday 2026 reminds us of this truth. Faith is a vital force that can energize every dimension of our existence; it is not simply a set of ideas or principles. It is lived through the decisions and actions that shape our daily lives. It brings courage and comfort in the face of everyday challenges and temptations. At the same time, it calls us to reflect, to question, and to grow. If life is not always smooth sailing, then living one's faith is indeed ... a true adventure!



Every disciple of Christ encounters different questions of meaning at various stages of life. This is why faith needs to be nourished, strengthened, and reflected upon in different ways, in dialogue with others who share our faith. This is precisely the purpose of catechesis and formation in the Christian life. It provides each person with the resources needed to continue growing in this adventure of faith.

On this Catechetical Sunday, we want to highlight the importance of formation in the Christian life within our local Churches. Have you noticed that catechesis today reaches people of all ages, far beyond preparation for the sacraments? Together, let us recognize the extent of these developments, which reflect the vitality of Christian faith in Quebec, despite what can often seem discouraging. So many people experience catechesis in one form or another, and so many contribute to it in their own way. They need to feel the support of their Christian community. With them, let us listen to the Word: "Make me to know your ways, O Lord; teach me your paths" (Ps 25:4). United as one Church, let us dare to celebrate the adventure of our faith!

Wishing you a blessed Catechetical Sunday!

+ Martin Laliberté p.m.é.

Bishop of Saint-Jean-Longueuil

President of the Assembly of Catholic Bishops of Quebec

Catechetical Sunday

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